

January 5, 2021

Issue | 015

### ***News from Babette***

On behalf of everyone at Pathlight HOME, we hope you had a wonderful holiday. Congratulations to the winners of the door decoration contests and raffles from our new 12 Days of the Seasons program. We would love to hear your feedback on the program, feel free to stop by the office and let us know what you think. We look forward to another special holiday season next year!

Going into the New Year we will continue to take precautions that protect all residents and staff as well as seek new ways to improve our services.

### ***TerraceNews***



- The Marketplace is getting a makeover! The Maxwell Terrace Marketplace will remain closed until further notice as we prepare the new and improved location. The Marketplace will remain in the Resource Center but will be moving to a different room. Stay tuned for further information on when appointments will once again be available.
- Free haircuts will now be offered two times a month, every other month. Appointments will be available at Maxwell Terrace in February then April and so on. As always, flyers will be placed in mailboxes when appointments are available.

## **Get Healthy with Audrey: Coordinating Your Health Care**

Do you find yourself receiving care from more than one health care provider? In addition to a primary care provider, or PCP for short, you may also be under the care of a behavioral health specialist.

One way for you to stay safe is to help your doctors coordinate your health care. The more they know about you, the better your care will be. It is your job to communicate all your prescribed medications and treatment you are receiving from all your providers. For example, if your behavioral health provider prescribes a new medication, make sure you tell your PCP about this change. This will help you avoid dangerous medication interactions. You can also help them take good care of you by bringing your medication bottles to your health care appointments. Doctors can gather more information from a pharmacy label than from reading a list of your medications.

Specialists may also ask you for written permission, or consent, to share your information with your PCP. This ensures your privacy while helping your doctors work together to provide you with the best care. When you take an active role in coordinating your care, you will help your doctors keep you safe.

### ***Housing Updates***

#### **Property Management Staff:**

In our efforts in practicing social distancing, our property management staff will complete applications, move in leases, lease renewals and other business from behind our glass. If you have something you would like to discuss in private, please call the number below and use the extensions provided.

**Maxwell Garden: 407-477-1211**

Juanita x112

Diana x101

Sandra x109

**Maxwell Terrace: 407-521-6335**

Crisetty x111

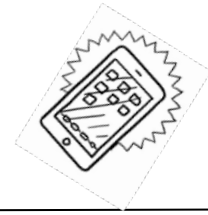
Clarissa x107

Sandra x109

# Need Help? Know Someone Who Does?

National Suicide Prevention Lifeline  
800-273-8255 or chat now.

Domestic Violence Hotline  
1-800-799-7233 or  
TTY 1-800-787-3224 or chat now.



## Maxwell Terrace-- January 2021 Calendar of Events

SUN	MON	TUES	WED	THURS	FRI	SAT
					01	02
03	04	05	06	07	08	09
				More Bang for Your Buck		
10	11	12	13	14	15	16
				Arts and Crafts	Office Closed	
17	18	19	20	21	22	23
	Office Closed				Office Closed	
24	25	26	27	28	29	30
		Get Healthy with Audrey				
31						