July 1, 2020

News from Babette

Happy Summer!

Though the first half of 2020 has been unpredictable at best, at Pathlight HOME we continue to do our best to look to the future and provide our residents with the resources you need. This month includes information on mask requirements, advice on staying hydrated, an update at Maxwell Terrace and a resident survey.

Stay safe and stay well!

Important Information

As of June 20, 2020, Orange County Mayor, Jerry Demings issued a face mask mandate requiring all those who are working, living, or visiting Orange County to wear a mask in public areas. As a reminder, there are many ways to create a mask out of materials in your home. Please see back page for a few examples.

Information Line Provided by Orange County Government
8am-5pm
Phone: 407-723-5004

Reemployment Assistance Service Center – Unemployment
http://www.floridajobs.org

COVID-19 Call Center Available 24/7
866-779-6121

Florida Department of Health – Orange County
Daytime Phone: 407-858-1420
After Hours Phone: 407-383-0185

Additionally, our management team will be passing out masks as you come in to pay your rent in July. While supplies last.

Get Healthy with Audrey: Benefits of Proper Hydration

Did you know that the human body is composed of about 60% water? Dehydration as small as 2% can have a negative impact on brain, heart, and muscle function. In the summer we sweat more, so we need to replace more lost fluids.

Some signs and symptoms of dehydration include:

1. Unexplained weakness or fatigue
2. Abnormally low blood pressure
3. Dry mouth
4. Dizziness
5. Confusion
6. Dark urine

How Much Water Do You Need?
Your weight divided by 2 determines how many ounces you should aim for. EX. A 150 lb. person would need 75 oz. (about 9 cups) per day.

Tips for Proper Hydration

1. Try sparkling waters, flavored waters without sugar or tea.
2. Keep a water bottle nearby to help signal you to drink more often.
3. Try eating more water-rich foods such as berries, melon, citrus fruits, cucumber, celery, leafy greens, bell peppers and zucchini.
4. Make it a habit. Try to finish at least one or two water bottles before lunchtime or set alarms on your phone as a reminder to drink.

Garden & Terrace News

To best plan for activities on our properties once activities can resume, please complete the survey in your mailbox and return your answers to the property management office by July 8th. By returning the survey you will be entered into a drawing for a $15 Walmart gift card and $10 Hungry Howie’s certificate.

Terrace News:

Exciting news on additional upgrades! We will be replacing the roof top air condition units in the 500 & 600 building only with PTAC A/C units, matching the ones currently used in other buildings throughout the property. This process may take several weeks, and we will keep you informed throughout. We will install the PTAC units and make sure they are running efficiently PRIOR to removing the roof top A/C units to ensure no loss of air conditioning.

Housing Updates

Property Management Staff:

In our efforts in practicing social distancing, our property management staff will complete all applications, move in leases, lease renewals and other business from behind our glass. If you have something you would like to discuss in private, please call the number below and use the extensions provided.

Maxwell Garden: 407-477-1211
Juanita x112
Diana x101
Sandra x109

Maxwell Terrace: 407-521-6335
Crisetty x111
Clarissa x107
Sandra x109
July 2020 Calendar of Events

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